

Autumn Term 2026 Menu - Week 1

Chocolate Cracknell

Ingredients:

Corn Flakes (Maize, Sugar, Salt, Malted **Barley** Extract, Niacin, Iron, Pantothenic Acid, Vitamin B6, Thiamin, Riboflavin, Folic Acid, Vitamin D, Vitamin B12), Kerrymaid Baking Block (Palm Oil, Rapeseed Oil, Water, Salt (1.1%), Emulsifiers (Mono And Di-Glycerides Of Fatty Acids), Flavourings, Vitamins A And D, Colour (Carotenes)), Golden Syrup (Partially Inverted Refiners Syrup, Granulated Sugar, Cocoa Powder (Acidity Regulator (Potassium Carbonate)

Allergens are shown in **Red**
Contains: **Gluten and Barley**
May Contain: **Milk**

Gravy

Ingredients:

Water, Bisto Reduced Salt Gravy Granules (Potato Starch, Maltodextrin, Palm Fat, Salt, Colour (Ammonia Caramel), Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Flavourings, Sugar, Emulsifier (**Soya** Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil

Allergens are shown in **Red**
Contains: **Soya**

Homemade Jelly

Ingredients:

Orange Juice From Concentrate (100%), Leaf Gelatine (Pork)

Allergens are shown in **Red**
No declarable UK food allergens as ingredients

Mashed Potato

Ingredients:

Potato, Semi-Skimmed Long-Life **Milk**, Kerrymaid Baking Block (Palm Oil, Rapeseed Oil, Water, Salt (1.1%), Emulsifiers (Mono and Di-Glycerides of Fatty Acids), Flavourings, Vitamins A And D, Colour (Carotenes))

Allergens are shown in **Red**
Contains: **Milk**

Mixed Bean Chilli

Ingredients:

Chopped Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Red Kidney Beans (Red Kidney Beans, Water, Firming Agent(Calcium Chloride)), Cannellini Beans (Cannellini Beans, Water, Antioxidant (Ascorbic Acid)), Baked Beans (Haricot Beans (53%), Tomatoes (31%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavouring), Sweetcorn, Carrot, Bell Pepper, Onion, Tomato Paste (Tomatoes), Garlic Purée (Garlic (98%), Acidity Regulator; Citric Acid), Mild Chilli Powder (Paprika, Chilli (20%)), Ground Cumin.

Allergens are shown in **Red**

May contain: **Gluten and Wheat**

Mixed Fruit Salad

Ingredients:

Peach Slices in Fruit Juice (Peach, Grape Juice from concentrate, Acidity Regulator (Citric Acid)), Pineapple Pieces in Juice (Pineapple Pieces, Pineapple Juice, Acidity Regulator (Citric Acid)), Orange Juice From Concentrate (100%), Pink Lady Apple

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Mixed Side Salad

Ingredients:

Cucumber, Cherry Tomatoes, Sweetcorn, Cos Lettuce.

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Caramel Mousse

Ingredients:

Skimmed **Milk** Powder, Sugar, Dried Glucose Syrup, Modified Starch, Palm Oil, Emulsifiers (Lactic Esters of Mono- and Diglycerides of Fatty Acids), **Milk** Proteins, Gelling agents (Sodium Phosphate), Natural Colour (Caramel, Annatto), Natural Caramel Flavouring, Stabiliser (Calcium Carbonate).

Allergens are shown in **Red**

Contains: **Milk**

Toad in the Hole

Ingredients:

Pork Sausage (Pork, Flavour Enhancer, **Antioxidants**, Preservatives, colour, rusk), Plain Flour (**Wheat** Flour (with Calcium, Niacin, Iron, Thiamin)), UHT Semi Skimmed Milk, **Egg**

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Milk, Egg and Sulphur Dioxide**

Vegetable Pie

Ingredients:

Mixed Vegetables (Carrot (65%), Peas (22%), Green Beans (6%), Sweetcorn (5%), Broad Beans (2%)), Plain Flour (**Wheat** Flour (with Calcium, Niacin, Iron, Thiamin)), Kerrymaid Baking Block (Palm Oil, Rapeseed Oil, Water, Salt (1.1%), Emulsifiers (Mono And Di-Glycerides Of Fatty Acids), Flavourings, Vitamins A And D, Colour (Carotenes)), Water, Bisto Reduced Salt Gravy Granules (Potato Starch, Maltodextrin, Palm Fat, Salt, Colour (Ammonia Caramel), Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Flavourings, Sugar, Emulsifier (**Soya** Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil), **Egg**

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Soya and Egg**

Vegetarian Toad in the Hole

Ingredients:

Linda McCartney Vegetarian Catering Sausage (Rehydrated Textured **Soya** Protein (58%), Water, **Soya** Protein Concentrate, Rapeseed Oil, **Wheat** Flour, Bamboo Fibre, Seasoning (**Sulphites**) (Dextrose, Flavourings, Salt, Onion Powder, Tomato Purée, Stabiliser, Methyl Cellulose; Salt, raising agent; Ammonium Carbonates), Plain Flour (**Wheat** Flour (With Calcium, Niacin, Iron, Thiamin), Long Life Semi-Skimmed **Milk, Egg**

Allergens are shown in **Red**

Contains: **Soya, Gluten, Wheat, Sulphites, Milk, Egg**

Wholemeal Pasta Butternut Squash Macaroni Cheese

Ingredients:

Butternut Squash, Wholemeal Penne Pasta (Durum **Wheat** Semolina), Sweet Potato, Long Life Semi-Skimmed **Milk**, Cheddar Cheese ((**Milk**), Anti-Caking Agent (Potato Starch)), Garlic Puree ((Garlic 98%), Acidity Regulator: Citric Acid), Dried Oregano.

Allergens are shown in **Red**

Contains: **Gluten, Wheat and Milk**

Roast Potatoes

Ingredients:

Potatoes, Rapeseed Oil, Anti-foaming Agent
(Dimethylpolysiloxane)

Allergens are shown in **Red**

**No declarable UK food allergens as
ingredients**

Wholegrain Rice

Ingredients:

100% Brown Parboiled Long Grain Rice

Allergens are shown in **Red**

**No declarable UK food allergens as
ingredients**

Cheese Sandwich

Ingredients:

Malted **Wheat** Bloomer (**Wheat** Flour
(**Wheat** Flour, Calcium Carbonate, Niacin,
Iron, Thiamin), Water, Malted **Wheat** Flakes
(4.0%), Malted **Barley** Flour (1.5%), Salt,
Yeast, Palm Oil, Emulsifiers (Mono- and
Diacetyl Tartaric Acid Esters of Mono- and
Diglycerides of Fatty Acids, Mono- and
Diglycerides of Fatty Acids), **Wheat**
Bran, **Wheat Gluten**, **Spirit Vinegar**,
Barley Flour, Preservative (Calcium
Propionate), **Soya** Flour, Flour
Treatment Agent (Ascorbic Acid)), Cheddar
Cheese (**Milk**), Margarine (Vegetable Oils
(Rapeseed, Palm, Sunflower in varying
proportions), Water, Salt (1.4%),
Preservative (Potassium Sorbate),
Emulsifier (Mono- and Diglycerides of Fatty
Acids), Acid (Citric Acid), Flavourings,
Vitamins (A and D), Colour (Carotenes))

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Barley, Soya,
Milk**

Tuna and Sweetcorn Mayonnaise Jacket Potato

Ingredients:

Potato, Tuna ((**Fish**), Water, Salt),
Mayonnaise (Rapeseed Oil (50%), Water,
Spirit Vinegar, Pasteurised **Egg** Yolk (3.4%),
Modified Starch, Sugar, Salt, Thickener
(Xanthan Gum), Lemon Juice Concentrate,
Preservative (Potassium Sorbate),
Flavourings, Antioxidant (Calcium Disodium
EDTA), Paprika Extract)

Allergens are shown in **Red**

Contains: **Fish and Egg**

Ham Sandwich

Ingredients:

Malted **Wheat** Bloomer (**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Malted **Wheat** Flakes (4.0%), Malted **Barley** Flour (1.5%), Salt, Yeast, Palm Oil, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), **Wheat** Bran, **Wheat Gluten**, Spirit Vinegar, **Barley** Flour, Preservative (Calcium Propionate), **Soya** Flour, Flour Treatment Agent (Ascorbic Acid)), Sliced Ham (Pork (80%), Water, Salt, Dextrose, Potato Starch, Stabilisers (Diphosphates, Triphosphates), Antioxidant (sodium Ascorbate), Preservative (Sodium Nitrate)), Margarine (Vegetable Oils (Rapeseed, Palm, Sunflower in varying proportions), Water, Salt (1.4%), Preservative (Potassium Sorbate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Flavourings, Vitamins (A and D), Colour (Carotenes))

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Barley, Soya**

Cheese and Beans Jacket Potato

Ingredients:

Potato, Baked Beans in Tomato Sauce (Haricot Beans (53%), Tomatoes (31%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavouring), Cheddar Cheese ((**Milk**), Anti-caking Agent (Potato Starch)).

Allergens are shown in **Red**

Contains: **Milk**

Peas

Ingredients:

Peas

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Sweetcorn

Ingredients:

Sweetcorn

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Salmon Fish Fingers

Ingredients:

Salmon **Fish** Fingers (Pink Salmon (**Fish**) (58%), **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Water, Yeast, Salt, Colour (Paprika Extract, Curcumin), Turmeric.

Allergens are shown in **Red**

Contains: **Fish and Wheat**

Pork Hot Dog

Ingredients:

Pork Sausage (Pork, Flavour Enhancer, **Antioxidants**, Preservatives, Colour, Rusk), Hot Dog Roll (**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Sulphur Dioxide**

May Contain: **Sesame**

Green Beans

Ingredients:

Green Beans

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Broccoli

Ingredients:

Broccoli

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Vegetarian Hot Dog

Ingredients:

Linda McCartney Sausage (Rehydrated textured **Soya** protein (58%), water, **Soya** protein concentrate, rapeseed oil, **Wheat** flour, bamboo fibre, seasoning (**Sulphites**) (dextrose, flavourings, salt, onion powder, yeast extract, colour: iron oxides and hydroxides), tomato purée, stabiliser: methyl cellulose; salt, raising agent: ammonium carbonates), Hot Dog Roll (**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid)).

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Soya, Sulphur Dioxide**

May Contain: **Sesame**

Chips (Sysco Premium Coated Medium Skin on Fries)

Ingredients:

Potato (87%) (origin: EU/ non-EU), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Modified Potato Starch, Rice Flour, Potato Starch, Salt, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Thickener (Xanthan Gum), Turmeric Extract.

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Baked Beans

Ingredients:

Haricot Beans (53%) (origin: non-EU/non-UK), Tomatoes (31%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika Powder, Flavouring.

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Carrots

Ingredients:

Carrots

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Banana Pudding Pot

Ingredients:

Long Life Semi-Skimmed **Milk**, Bananas, Cornflour (Maize Starch), Vanilla Essence (Water, Propylene Glycol (E1520), Flavouring Substances, Sugar, Colour; E150a Plain Caramel)

Allergens are shown in **Red**

Contains: **Milk**

Beef and Bean Chilli

Ingredients:

Minced Beef, Chopped Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator, (Citric Acid), Red Kidney Beans (Red Kidney Beans, Water, Firming Agent (Calcium Chloride)), Baked Beans (Haricot Beans (53%), Tomatoes (31%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.), Carrot, Onion, Tomato Paste (Tomatoes), Garlic Purée (Garlic (98%), Acidity Regulator (Citric Acid)), Mild chilli Powder (Paprika, Chilli (20%)), Ground Cumin

Allergens are shown in **Red**

May Contain: **Gluten, Wheat**

Chicken Pie

Ingredients:

Chicken Breast, Plain Flour (**Wheat** Flour with Calcium, Niacin, Iron, Thiamin), Kerrymaid Baking Block (Palm Oil, Rapeseed Oil, Water, Salt (1.1%), Emulsifiers (Mono And Di-Glycerides Of Fatty Acids), Flavourings, Vitamins A And D, Colour (Carotenes)), Bisto Reduced Salt Gravy Granules (Potato Starch, Maltodextrin, Palm Fat, Salt, Colour (Ammonia Caramel), Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Flavourings, Sugar, Emulsifier (**Soya** Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil), Salt,

Egg

Allergens are shown in **Red**

Contains: **Gluten, Wheat, Egg, Soya**

Salad Bar

Ingredients:

Lettuce, Tomato, Cucumber, Mixed Peppers, Carrot, Sweetcorn

Allergens are shown in **Red**

No declarable UK food allergens as ingredients

Peach Yogurt Ingredients: Yogurt (Milk), Sugar, Peach Purée (4%), Cornflour, Natural Flavouring, Concentrated Lemon Juice. Allergens are shown in Red Contains: Milk	Plain Yogurt Ingredients: Fat-Free Yogurt (Milk) (97%), Modified Maize Starch, Thickener: Pectin. Allergens are shown in Red Contains: Milk
Fresh Fruit A selection of fresh fruit every day is available for dessert daily from the following - Satsuma, Apple, Banana, Pear, Grapes, Watermelon Allergens are shown in Red No declarable UK food allergens as ingredients	